

### GUIDELINES APPLY TO ALL OTTAWA UNIVERSITY COMMUNITY MEMBERS

1. **We expect all members of our campus communities (students, faculty and staff) to be fully vaccinated as soon as individuals are able to do so. If you HAVE NOT yet been fully vaccinated, please continue to use a mask on our campuses in all locations (indoors and outdoors).**
2. **Masks are REQUIRED INDOORS, on All OU Campuses for ALL Members of the Community**
  - ▶ Specific exemptions do exist for those with medical conditions as negotiated with the campus Covid-19 contact/HR Department.
  - ▶ Specific groups may have more specific guidelines: residence halls, athletics, and large events.
  - ▶ Private offices/spaces are exempt when access is restricted and/or individual is alone.
3. **Continue to Practice Good Hygiene**
  - ▶ Wash your hands, especially after touching frequently used items or surfaces
  - ▶ Avoid touching your face
  - ▶ Sneeze or cough into a tissue or inside your elbow
  - ▶ Disinfect frequently used items and surfaces as much as possible
  - ▶ Use face coverings while in ALL campus buildings
4. **Any Member of the Community Who Feels Sick Should Stay Home and Don't Go to Work or School**
  - ▶ Don't go to work or school
  - ▶ Contact and follow the advice of your medical provider.
  - ▶ Stay home until you have been symptom free for 72 hours without the use of medications

A non-vaccinated or vaccinated individual who is presenting with symptoms, should quarantine immediately and be tested as suggested by the campus Covid-19 contact or external testing location in use (as applicable).

5. **Any member of the OU community who believes they have been DIRECTLY exposed to Covid-19 (whether confirmed or not) should inform their designated campus Covid-19 contact immediately (and their manager in the case of an employee) and cooperate in preparing a contact list of all direct contacts for notification.** NOTE: It typically takes five (5) days from exposure) for symptoms to present themselves and/or for an individual to become infected with the virus.

A non-vaccinated member of the community who is DIRECTLY exposed to Covid-19 must quarantine immediately. The individual should be tested for COVID-19 on day 5 following exposure. Failure to provide proof of a valid test will result in a longer quarantine period and that individual will not be eligible for the same benefits of a tested or vaccinated individual.

A vaccinated member of the community who is directly exposed, but DOES NOT present with symptoms, should continue normal routines/schedule and monitor for symptoms essentially eliminating the need for quarantine UNLESS symptoms occur. If a vaccinated individual presents with symptoms, they should immediately quarantine and contact their campus Covid-19 contact.

6. **Campus Testing Program**

Ridgewood Laboratories is conducting weekly testing (beginning October 4, 2021) for non-vaccinated individuals and/or symptomatic individuals and/or direct exposures on the days the lab is available on our campuses. For other days, or locations who do not have access to this option, your campus Covid-19 contact will direct individuals to a standard external source for testing.

### NON-VACCINATED INDIVIDUALS AND ROUTINE WEEKLY TESTING REQUIREMENTS (BEGINNING OCTOBER 4, 2021)

Non-vaccinated individuals who have a test result and did not use one of the two on-campus testing centers should submit this result to the weekly testing platform in order to assure the individual has met their weekly testing obligation. If you used one of the two on-campus testing centers your test result will be logged for you.

Non-vaccinated who provide proof of having tested positive for Covid-19 within the past 90 days will be exempt from testing until the end of the 90-day period from the date of the positive test result. You may provide this positive test result to your campus Covid-19 contact.

### CAMPUS COVID-19 CONTACT INFORMATION

CAMPUS	CONTACT	EXTENSION	DIRECT DIAL
Overland Park Campus	Chad Taldo	Ext. 18637	913-266-8637
Wisconsin Campus	Brian Patterson	Ext. 35106	262-785-5106
Surprise Residential Campus (Student)	Kevin Andres	Ext. 27541	623-233-7541
Arizona Campuses (Phoenix Students / All Employees)	Keith Johnson	Ext. 27553	623-233-7553
Ottawa Residential Campus (Student)	Health Services Office	Ext. 12330	785-248-2330
Ottawa Residential Campus (Employees)	HR Department	Ext. 12350	785-248-2350

## QUARANTINE INSTRUCTIONS

### VACCINATED INDIVIDUALS

#### Direct Exposure – No Symptoms

When a vaccinated individual is directly exposed to a person who has tested positive for Covid-19 the individual should monitor for symptoms. Regardless of vaccination status, individuals who have experienced direct exposure and/or have symptoms are encouraged to test as directed by the campus Covid-19 contact or external testing location in use (as applicable).

#### Negative Test Result - Tested Due to Symptoms

When a vaccinated individual is tested due to symptoms, returns a negative test result, and has had NO KNOWN exposure to a COVID-19 positive case, the individual should quarantine until they are at least 72-hours symptom free.

#### Positive Test Result – Tested Due to Symptoms

When a vaccinated individual is tested due to symptoms and returns a positive test result the individual must quarantine for at least 7 days post symptom onset and until 72-hours symptom free.

### NON -VACCINATED INDIVIDUALS

#### Direct Exposure and Tested Due to Symptoms

A non-vaccinated individual will require a 7-day quarantine period and should test on day 5.

If the individual does not test as a part of exposure the individual's isolation time will extend to 10-days and the individual may not be eligible for the same benefits of a tested or vaccinated individual.

#### Direct Exposure – No Symptoms

When a non-vaccinated individual is directly exposed to a person who has tested positive for COVID-19, but has no symptoms, the individual should immediately contact the campus contact and quarantine for a minimum 5 Days before testing, then report test results to the campus contact, and continue to quarantine for 7 days whether receiving a positive or negative test result. Individual can return to regular daily activities after 7 days, if they continue to have no symptoms.

#### Positive Test Result

A non-vaccinated individual who tests positive should isolate for at least 7-days post symptom onset and until 72-hours symptom free.

A non-vaccinated individual who tests positive, but has no symptoms, must isolate for at least 7-days post-test date. If any symptoms appear during the 7- day period, individual must isolate until 72-hours symptom free before returning to normal work/school routines.

A non-vaccinated individual who is directly exposed to a person who has tested positive for Covid-19, and does not get tested themselves, and then develops symptoms during the isolation period, should seek direction from a medical provider to determine next steps. In all cases, the individual must isolate for at least 10-days from exposure and until 72 hours symptom free prior to returning to their work/school normal routine (typically the doctor will drive this process).

#### Negative Test Result - Tested Due to Symptoms:

A non-vaccinated individual who is tested due to symptoms, returns a negative test result, and has had NO KNOWN exposure to a COVID-19 positive case, should still quarantine for 7 days and be 72-hours symptom free before returning to normal work/school routines.

## CDC DEFINITION OF "DIRECTLY EXPOSED" OR "CLOSE CONTACT"

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

Pursuant to CDC Guidelines, if the individual is over the age of 65 or has an underlying medical condition, they are encouraged to work with the University to explore alternatives that best suit their needs. Employees should discuss their needs with their manager and the supervisor will work with the HR Department to define a plan that best works for the employee in their role with the University.

### CDC GUIDANCE RELATED TO QUARANTINE RULES FOR INDIVIDUALS WHO HAVE PREVIOUSLY TESTED POSITIVE FOR COVID-19

An individual who has previously tested positive for Covid-19 within the past 3 months, and has recovered, does not have to quarantine or get tested again as long as they do not develop new symptoms. An individual who develops symptoms again, within 3 months of their first bout of Covid-19, may need to be tested again if there is no other cause identified for their symptoms

## DEFINITION OF FULLY VACCINATED

A full vaccination is both doses of a two-dose vaccination or one dose of a single dose vaccination documented on a vaccination card.

## DOMESTIC AND INTERNATIONAL TRAVEL

Ottawa University supports CDC guidelines if you choose to travel. Follow the most current CDC guidelines, which includes following all state or local recommendations or requirements upon your return—cdc.gov/travel.